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Paid Sick Leave

- **Fully forty-three percent (43%) of women working in the private sector are unable to take a single day of paid sick leave, and 54% of all working mothers have less than five paid sick days per year for use in caring for their sick children.**¹
- **With their combined economic and care-giving responsibilities, working women are particularly impacted by the absence of paid sick and family care leave.** In a 2007 survey, 20% of women with children indicated they or a family member had been fired or disciplined by an employer for taking time off to care for their own illness or that of a sick child or other family member.² An absence from work of just four days in a month would place a two-child family headed by a single (usually female) parent earning the average wage for workers without paid sick leave (\$10 an hour) below the federal poverty line.³
- **Over 90% of Americans believe that the provision of paid sick leave would be helpful in improving workers' lives.** A September 2013 survey found that 91% believed “providing up to ten days a year of paid time off if you are sick or have to take care of a family member” would be useful, with fully 78% responding that it would be very useful. Support was a bit stronger among women overall (93% useful, including 82% very useful) and unmarried women (93% useful, including 84% very useful).⁴
- The **Healthy Families Act** was introduced in both houses of Congress in 2015 (H.R. 932/S. 497).⁵ This legislation would establish a national standard for sick pay by:
 - Requiring employers of 15 or more employees to permit workers to earn at least one hour of job-protected paid sick leave for every 30 hours worked, up to a maximum of 56 sick leave hours per year (unless the employer chooses to set a higher limit); and
 - Authorizing the use of such paid sick leave to recover from their own illness or seek preventive care for themselves; care for the medical needs of family members; or seek medical attention, assist a related person, take legal action or provide other assistance in cases of domestic violence, sexual assault or stalking.⁶

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- **The multiple benefits of providing paid sick days include:**
 - **enhancing the economic security of families** (with 23% of adults in the U.S. reporting a job loss or threat of job loss for taking sick leave),
 - **reducing the practice of “presenteeism”** (working while sick) – estimated to cost the economy \$160 billion a year in lost productivity,
 - **decreasing health care costs** (with an estimated saving of \$1.1 billion a year from reductions in emergency room visits);⁷
 - **reducing workplace contagion** (adults without paid sick leave are 1.5 times more likely to go to work with contagious diseases than those with paid sick leave); and
 - **curbing workplace injuries** (workers who have access to paid sick leave are 28% less likely to be injured on the job than those without such access).⁸

¹ National Partnership for Women & Families, “Fact Sheet: Working Women Need Paid Sick Days,” April 2013, <http://www.nationalpartnership.org/research-library/work-family/psd/working-women-need-paid-sick-days.pdf>.

² National Partnership for Women & Families, “Fact Sheet: Working Women Need Paid Sick Days,” April 2013, <http://www.nationalpartnership.org/research-library/work-family/psd/working-women-need-paid-sick-days.pdf>.

³ Elise Gould, Kai Filion, and Andrew Green, “The Need for Paid Sick Days,” Economic Policy Institute, June 29, 2011, <http://s4.epi.org/files/temp2011/BriefingPaper319-2.pdf>.

⁴ “The Shriver Report/CAP/AARP Frequency Questionnaire,” http://www.americanprogress.org/wp-content/uploads/2014/01/Women_fq.pdf; and “Open Field Foundation,” http://www.americanprogress.org/wp-content/uploads/2014/01/OpenField_bbk_091113_supplement_GenderRaceUNWT.pdf.

⁵ Congress.gov, <https://www.congress.gov/bill/114th-congress/house-bill/932>; and Congress.gov, <https://www.congress.gov/bill/114th-congress/senate-bill/497>.

⁶ National Partnership for Women & Families, “The Healthy Families Act,” February 2015, <http://www.nationalpartnership.org/research-library/work-family/psd/the-health-families-act-fact-sheet.pdf>.

⁷ National Partnership for Women & Families, “The Healthy Families Act,” February 2015, <http://www.nationalpartnership.org/research-library/work-family/psd/the-health-families-act-fact-sheet.pdf>.

⁸ National Partnership for Women & Families, “Fact Sheet: Paid Sick Days Lead to Cost Savings for All,” April 2013, <http://www.nationalpartnership.org/research-library/work-family/psd/paid-sick-days-lead-to-cost-savings-for-all.pdf>.